

The Sacrament of Holy Communion

Communion Hymn: All Who Thirst For Living Water

All who thirst for living water,
all who hunger for good bread,
There's a table in the desert,
come and share the feast that's spread.
Celebrating earth's abundance,
gathering hope for days to come,
we with those who've gone before us
give you thanks, O Holy One.

Everlasting is the covenant which the Holy One designs,
Steadfast love a gushing river, seeds with grace and healing vines;
Seeking life in all its fullness for all creatures, none denied,
set our hearts to meet each other, bridging all that sin divides.

Many are the ways you've chosen
to reveal the path of life,
wisdom's truth for all who seek you,
cross our compass, faith our guide;
you the strength in all our wandering,
spring that wells up deep within,
friend who bears both pain and glory,
in your light new life begins.

Invitation and Instruction

Christ is risen!

He is risen indeed!

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to our God.

It is right to give our thanks and praise.

Today our horror has been overcome with hope.

Today our Hosannas are met with Hallelujahs.

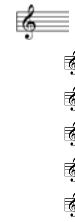
Our cries of "save us now!" are joined with shouts of "praise to you our God!"

The stone has been rolled away;

the promise of life could not be contained.

The Light of the World shines on,
and the darkness could not overcome it.

Today, tomorrow and always, with your Church around the world,
we offer our thanksgiving, and we offer our praise, singing...


**Holy, holy, holy Lord, God of power and might,
heav'n and earth are full of your glory.
Hosanna in the highest. Hosanna in the highest.
Blessed is he who comes in the name,
who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest!**

Here this morning we do what Jesus did with his friends
the night before he died.

**We do what he always did, sharing a meal with all who might be
hungry and thirsty for communion with God.**


He took bread, gave thanks, broke it, and gave it to his friends, and said,
"This is my body. Take, eat, and remember me."

Then he took the cup and likewise said,

"This is the cup of the new covenant.

Take, drink, and remember me."

Remembering your abundant, eternal and unstoppable love that lived and lives
in Jesus Christ, God we offer our praise and proclaim the mystery of faith:


**Christ has died, Christ is risen, Christ will come again.
Christ has died, Christ is risen, Christ will come again.**

Holy God, we pray for your Spirit.

Make us, while many, one.

Make us, while broken, whole.

Make us, despite death, alive!

And so we pray:

Come, Holy Spirit, come.

Prayer of Intimacy

The Lord's Prayer *a paraphrase*

Rev. David Allan 2015, amended 2021, 2024

*(Influenced by the paraphrase of Jim Cotter (NZ) and the Casa del Sol version
by J.P. Newell, and with thanks to the prophet Micah and the apostle Paul)*

Loving God, in whom is heaven,
may your sacred name be known,
and your eternal being blessed in all your good creation,
your home, and ours.

We are a hungry people.

Feed our bodies with food for today, that we may have hope for tomorrow.
Nourish our spirits, that we may grow in loving relationship with your world
and so avoid temptation, bear all trials and,
newly healed and whole,
rejoice together in our transformation.

We are an attentive people.

With all of our senses, with all that we are and share,
with the light that is never overcome, we know and name your intimate
presence.

We seek justice, love kindness and humbly journey with you.

In you we live and move and have our being.

And so we are a thankful people,

for the glory of the power that is love is yours
and by grace and gift,
present in all, now and forever.

In gratitude, whatever we do, we do it for love.

Amen

 **Amen, amen, amen. Amen, amen, amen.**

We take bread and break it:

**breaking open the tomb, breaking the grip of death,
breaking the darkness with morning light.**

We take wine and pour it:

mixing into it the covenant of eternity,

**mixing into it the words of promise,
mixing into it the light of this new day.**

Risen Christ, be our guest as we are yours in this newest of mornings, and
share with us the food for life, that we might too taste eternity as your Body, as
the one who said,

“My body, my lifeblood, my all.”

“My promise, my friends, I will see you again.” Amen

Sharing the Bread and the Cup

Post Communion Prayer:

**Life-giving, life-sustaining God,
may we, who share Christ’s body, live his risen life;
we, who drink his cup, bring new life to others;
we, whom the Spirit lights, give light to the world. Amen**